



La Belle Forme **Advanced Beauty Therapy**





Hair removal

Waxing

Superb results with our warm wax system formulated from Tea Tree which is a natural antiseptic and lavender extract to soothe and protect the skin.

Full leg	40 mins	£25	Men's chest	15 mins	£20
Half leg	30 mins	£16	Men's Tummy	15 mins	£10
Under arm	15 mins	£10	Men's Back	30 mins	£25
Full arm	20 mins	£14			
Half arm	15 mins	£9	Advanced Bikini Waxing		
Lip or Chin	15 mins	£7	Bikini (high)	20 mins	£18
Bikini (normal)	15 mins	£12	Brazilian	20 mins	£25



Tanning



Fake Bake

Using the professional self tan Fake Bake which is made from the finest naturally derived ingredients and also paraben free. Protect your skin from UVA rays and gain a fantastic even, long lasting, natural looking tan professionally applied by your therapist.

Full Body (including exfoliation and tan application)	40 mins	£25
Half Body (including exfoliation and tan application)	25 mins	£15

Facial Treatments



Priori Advanced AHA Peel

A Skin Renewal Peel designed to deeply exfoliate the skin, this latest skin technology was pioneered by the people who first invented AHA peels. It is designed to accelerate and maximise the skin's ability to hold moisture. Skin becomes visibly smoother, firmer, younger looking and brighter. Ideal for stimulating the collagen and the elastin fibres. It deeply hydrates and retexturises the skin and the results can be prolonged and maximised with an Omnilux session.

Priori Advanced AHA Peel	60 mins	£60
Priori Advanced AHA Peel combined with Omnilux	90 mins	£90

Introductory treatment must have Advanced AHA kit to use at home for 2 weeks prior to peel in Clinic to prep the skin for this advanced peel. The kit has a AHA Cleanser, AHA Perfection Serum and AHA Daily Defence SPF 30.

Advanced AHA Kit	£65
3 AHA Cosmeceutical Peels plus 3 Omnilux Light Therapy	£250

Priori Superceutical Idebenone Peel

The most powerful antioxidant on the market and is now available in the worlds first Superceutical anti-ageing treatment. A blend of AHA, BHA and Idebenone to revitalise the skin Ideal for mature sun damaged wrinkled skin and for uneven skin tones with pigmentation. To achieve the ultimate rejuvenation Omnilux can be used to enhance results of this treatment.

Priori Superceutical Idebenone Peel	60 mins	£70
Priori Superceutical Idebenone Peel Combined with Omnilux	90 mins	£95

DiamondTome Microdermabrasion

A more gentle yet effective microdermabrasion than other exfoliation systems on the market.

For fresh, rejuvenated skin DiamondTome Microdermabrasion is the ideal way to smooth and polish your way to perfection. Using Diamond tipped wands this gentle treatment deeply exfoliates the skin improving the appearance of lines and wrinkles, acne scarring, stretch marks on the body and sun damage. DiamondTome Microdermabrasion stimulates collagen production and restores natural luminosity to the skin.

- Exfoliates and removes dead skin cells
- Smoothes and improves skin texture and colour
- Gives a luminous glow
- Improves appearance of wrinkles
- Stimulates collagen production
- Promotes growth of healthy new cells
- Ideal as a quick skin pick me up

For ultimate results combine with Omnilux light Therapy and AHA Priori peel.

Microdermabrasion	40 mins	£50
Course of 3	40 mins	£125
Microdermabrasion and facial combination	60 mins	£60
Course of 3	60 mins	£160



Omnilux Light Therapy

Omnilux was developed after twelve years of extensive medical research. It is a non-invasive treatment that delivers a totally natural method of light only skin rejuvenation using LED which uses the body's own natural processes to help counteract the effect of ageing. Unlike some anti-ageing treatments that work as a result of the body's response to damage Omnilux TM stimulates the natural processes to rejuvenate the skin.

Ideal for the following treatments:

- Skin rejuvenation
- Photo Damage
- Wound healing
- Pre and post laser surgery
- Post cosmetic surgery
- Pre and post Botox and Fillers



Omnilux Light Therapy
Course of 6

30 mins £55
30 mins £270

Lymphatic Facial Therapy

Detox your skin with this wonderfully natural hands on therapy – pressure point massage used along with natural products to revitalise and clean your skin the natural way. Enjoy deep lymphatic massage to face, head, shoulders and arms to firm and cleanse skin tissues for a radiant complexion.

Lymphatic Facial Therapy
Course of 3

60 mins £45
60 mins £125

Antioxidant Natureceutical CoffeeBerry Peel

This antioxidant facial is an intense and relaxing treatment using natural ingredients. CoffeeBerry is three times more powerful than Green Tea as an antioxidant and using products that have been harvested at their peak to ensure they are rich in vitamins and antioxidants. The facial includes a natural enzyme peel followed by lymphatic face, neck, arm and head massage to give deep relaxation while deeply replenishing moisture levels and tightening and brightening the skin. Ideal for Asian or ethnic skin types as it addresses pigmentation and brightness of the skin.

Antioxidant Natureceutical CoffeeBerry Peel
Course of 6

60 mins £50
60 mins £250



CoffeeBerry Treatment with Omnilux Revive Therapy

The CoffeeBerry Natureceuticals treatment is designed to deliver the most potent and powerful botanical antioxidant to rejuvenate the skin. CoffeeBerry combined with the ultimate anti-ageing light therapy system on the market Omnilux – can be used in conjunction with Omnilux Revive or Omnilux Plus to deliver unparalleled anti-ageing results to all skins.

CoffeeBerry Treatment with Omnilux Revive Therapy	90 mins	£75
Course of 6	90 mins	£400

Acne Prescription Treatment

The ultimate in acne management. A powerful treatment for adult acne which helps to jump start acne clearing. A home kit is supplied to gain optimal results.

Acne Prescription Treatment without kit	60 mins	£50
Acne Prescription Treatment and Kit	60 mins	£149
Course of 6 Treatments	60 mins	£260

Omnilux Blue Light Therapy

Omnilux Blue for Acne gives 80% reduction in lesions. Can be used on face, chest or back. Targets and neutralises the bacteria responsible for redness and inflammation in acne.

A course of Omnilux Blue is equivalent to taking a course of antibiotics.

Omnilux Blue Light Therapy	60 mins	£55
Course of 6 Treatment	60 mins	£300

Clean Start Teen Lesson

Learn how to control the teen skin with professional skincare advice while having a skin treatment to deep clean and exfoliate the skin, which will remove congestion and relieve breakouts to the skin.

Clean Start Teen Lesson	45 mins	£45
Course of 3	45 mins	£120

Soothing Ultra Calm Facial

If your skin is irritated, sensitive, inflamed or feeling itchy, then this is the treatment for you. A healing and immensely calming treatment using natural paraben free products. Includes a pressure point massage to nourish, calm and reduce redness and inflammation of sensitive skin.

Soothing Ultra Calm Facial	60 mins	£45
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Omnilux Revive to calm blotchy or uneven sensitive skin, stimulate collagen – a quick dramatic result is achieved to offer rejuvenation and tightening to the skin.

Add on	90 mins	£75
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Massage

Hot Stone Chakra Massage

Find total relaxation with (basalt) river stones to relieve tension and stress. The blood and lymphatic system of the body is boosted to regenerate and revitalise the body to give chakra of the mind, body and soul.

Hot Stone Chakra Massage 60 mins £50

Purifying Back Treatment

This treatment is ideal to benefit stress relief and for the purification of the back – perfect for both men and women. A deep cleansing scrub followed by extractions, then a deep cleanse mask to balance the skin finally ending with a back, neck and shoulder massage. Relieves tension leaving your back feeling deep cleansed and relaxed.

Purifying Back Treatment 30 mins £30

Advanced Exfoliation Body Treatment

A relaxing yet intensive body treatment that addresses the visible signs of ageing and dehydration on the body. This treatment takes exfoliation to another level it delivers multi layer skincare therapy for total body resurfacing to rehydrate dry, sun damaged or devitalised skin giving smooth hydrated conditioned skin ideal before any self tan application.

Advanced Exfoliation Body Treatment 60 mins £50

Aromatherapy Body Essential

Using a blend of pure essential oils which are chosen to suit your individual needs. An enjoyable therapeutic body stress buster. This intensive massage will revive physical tension and uplift the spirit. Ideal as a jet lag reviver – relaxing and energising.

Aromatherapy Body Essential 60 mins £45

Oriental Spa Ceremony

Indulge in this blissful ritual. Soft smooth skin becomes reality following exfoliation. Aromatic bags with Balinese pebbles in soft gauze soaked in warmed exotic oils that have been inspired by many Asian and Indian techniques. The body is relaxed, the spirit soothed and the skin hydrated. A totally unparalleled sensory experience awaits you.

Oriental Spa Ceremony 60 mins £55



Slimming & Cellulite Treatments

Endermologie

A non-invasive technique for reducing the appearance of cellulite and topical fat collection which is FDA approved and is effective in cellulite therapy. The PR Cell machine is a highly effective deep tissue massage therapy guaranteeing the results that cannot be achieved manually for cellulite treatment.

It is also ideal for:

- Pre and post liposuction (recommended by Plastic Surgeons) to smooth skin in the areas treated by the surgeon
- Slim down topical fat deposits to re sculpt the figure
- Menopause hormonal changes that thicken the waist, back and tummy
- Weight loss pre and post to keep skin firm and elastic
- After child birth to regain the natural figure
- Total cellulite treatment

Best results are achieved with a course of treatments twice weekly.

Endermologie Slimming and Cellulite Treatment 40 mins £45

Course of 10 sessions £400

Detoxifying Natural Slimming Body Treatment

The ultimate body treatment to stimulate circulation offering a revitalised and remodelled skin with a smoother texture. This body treatment targets the key problem areas to firm the skin, reduce inches and minimise the appearance of cellulite with natural Algae Extracts and Linoleic Acid to draw out impurities while CoffeeBerry extracts are used to stimulate circulation, speed up the elimination of toxins and to tone the skin for noticeable slimming and contouring results.

Detoxifying Natural Slimming Body Treatment 60 mins £60

Professional Makeup

Eyes

We offer a range of treatments to enhance the appearance of lashes and brows which include professional advice for tinting, shaping and brow design.

Eyelash tint	15 mins	£10
Eyebrow tint	15 mins	£8
Lash and Brow tint	20 mins	£15
Eyebrow design	20 mins	£10
Eyebrow tint and shape	20 mins	£14

Eye Lashes

Special Occasion extensions	20 mins	£16
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Semi Permanent Lashes

Individually applied lashes to create instant length and fullness	70 mins	£65
Maintenance every 2 to 3 weeks	20 mins	£25

Makeovers

Using the first and only Eco friendly, perfecting, CoffeeBerry Mineral Foundation.

Approved by the Skin Cancer Foundation as total skin protection from natural UV rays, paraben free as well as anti-ageing.

Day look makeover	15 mins	£20
Bridal (including trial work)	45 mins	£50
Occasion	30 mins	£25
Discover Make Up Lesson (Achieve your ideal look and learn new techniques)	30 mins	£30

Camouflage Makeup

Veil Over Cream this concealer is the ultimate blemish cover which is designed to cover any kind of visual skin problem from vitiligo, rosacea to scar discolouration. As a camouflage makeup it is perfect for after surgery, laser, injectables and other medical treatments to the face. The product is waterproof even allowing you the freedom to swim and exercise.

Consultation and application technique	30 mins	£30
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Facial Therapy for Men

Men's Total Skin Fitness Treatment

This powerful facial is designed to refresh and decongest the skin. The treatment will be tailored to suit your skin type by your therapist. The total skin fitness facial which is designed to delay the signs of ageing and treat the delicate eye area on men, included with this facial is a relaxing head and shoulder massage.

Men's Total Skin Fitness Treatment 60 mins £50

Omnilux Repairing Facial Therapy 90 mins £85

DiamondTome Microdermabrasion Facial

This is our most popular treatment for men as it offers a deep mechanical exfoliation to refine the male skin and remove the outer layers of dead skin cells to offer a clear smooth younger looking skin ideal for all skin types.

DiamondTome Microdermabrasion Facial 60 mins £65

Course of 6 60 mins £350



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