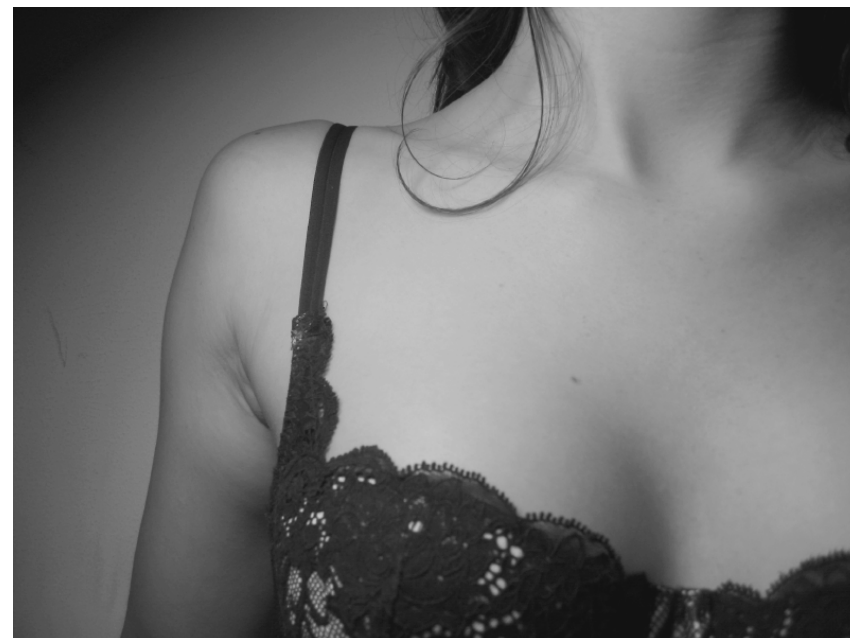


Forma cosmetic surgery clinic is run by a consultant plastic surgeon and a specialist cosmetic nurse. We can offer you the skill and expertise you need in a comfortable modern clean environment. For cosmetic surgery in Scotland, we are Glasgow's premier clinic owned and run by a surgeon and nurse.

We offer surgery with our consultant cosmetic plastic surgeon as well as cosmetic treatments with our cosmetic nurse. Surgery takes place at the Glasgow Nuffield Hospital and clinic treatments take place at Forma. We are located close enough to the centre of Glasgow to be conveniently located but in a discrete enough location for there to be a significant level of privacy associated with your consultation and treatment.

Our consultant plastic surgeon is Mr Taimur Shoaib. He is a plastic surgeon on the specialist register of the GMC, is a member of BAAPS and a member of BAPRAS. He specialises in cosmetic breast surgery and cosmetic facial surgery. He also performs reconstructive skin and head and neck plastic surgery at the Canniesburn Plastic Surgery Unit at the Glasgow Royal Infirmary. Our specialist cosmetic surgery nurse has several years' experience in cosmetic surgery. Her experience is in advising patients on cosmetic surgery and in delivering cosmetic treatments. She is highly experienced and skilled in giving fillers, muscle relaxing lifts and light medical peels. She is also very experienced in delivering accurate information about cosmetic surgery to people thinking about having a procedure.

Forma Cosmetic Clinic. 24-26 Wilson Street
The Merchant City. Glasgow. G1 1SS
Tel: 0800-6-12-0-886
www.formaclinic.co.uk



THINKING OF BREAST IMPLANTS

Forma Cosmetic Clinic. 24-26 Wilson Street, Glasgow. G1 1SS.

Breast implants

Breast enhancement

Breast augmentation usually involves the insertion of an implant into the chest wall to enhance the size of the breasts. Nowadays we can also use Macrolane. The cost of breast implant surgery starts at £2999 and this includes 5 years' aftercare. Please note, though, that consultation costs with the plastic surgeon do apply at all times.

Breast implants are inserted into a pocket either below the breast tissue or below the chest muscle, or in some cases partially under each. Breast implants may be round or anatomically shaped; their surface may be smooth or textured; the contents may be silicone or saline, and there are advantages and disadvantages with each option.

Some breast implants are more expensive than others; if you are looking for state of the art breast implant surgery or simply the most cost effective solution and the best value for money, we can find a

product to suit your needs. The cost for the surgery itself is the same no matter which implants you have - you just pay extra if we use more expensive implants.

What size will I be afterwards

Choosing the right implant size is a matter of balancing what you already have with what you want and what we can use. We will measure you during your consultation and these will determine the size of the implant we should use, the pocket placement (below the muscle or over the muscle) the shape of the implant and the incision placement. The amount of nipple droop (or breast ptosis) will also tell us whether you need to think about any other procedures to reshape the breast at the time of implant placement or at some other time in the future.

Aftercare

Our aftercare package is designed to ensure you have the reassurance that you need along

with the option of seeing a consultant plastic surgeon to discuss things in greater detail. Our surgeon, Mr Shoab, will see you before your operation to discuss your procedure in detail. He will see you regularly whilst you are in hospital. and we recommend that we see you regularly after your surgery too. We want to see you at one week and around six weeks after your implants are inserted. These consultations are with Mr Shoab and are included as part of your package. At six months we recommend you are seen by our nurse, and after that you are welcome to come and see us any time. Just call us for a free appointment with our nurses.

What you need to know

Breast implant surgery is generally very safe and we are happy to say we have a high level of satisfaction with our surgery. However, you should be aware of some of the risks of having implants inserted. For a full list of risks please see our website and information

leaflet on Having Breast Implant Surgery. You should know that breast implants can harden, cause pain and distort the breast shape with time, and this is called capsular contracture. If all this happens within 5 years we will cover the costs of further surgery but you should be aware of the financial implications of having breast implants. Many women will want to have another operation within a few years, if they don't like their size or if they want an uplift, and not all these are covered with our warranty. Some things about your breasts will be different, and you will be able to feel the implants, and will be aware of them. Modern implants are made out of thicker silicone so it is more common to feel the edges and this is perfectly normal.

Finally...

We want you to be happy with your breast implants, so please spend as much time with us as you need. We want to know what you want and we want to let you know what we can do for you at Forma.